Tilapia

FEATURES & BENEFITS:

- ICYBAY imported Tilapia is guaranteed to be 100% net weight and is processed in a BAP certified facility.
- This is a premium quality product with no preservatives, chemicals or additives which comes with a more conscious way approach to farming.
- This is a IQF Non-Treated, Antibiotic free , skinless, boneless.
- The USDA lists tilapia as one of the safest fish for human consumption.
- Farm raised to the highest standards, ICYBAY Tilapia has firm texture, mild taste and provides reliable performance when cooked in different methods.
- Hand trimmed for a better finished good. Nape, frill and belly flap are removed. Our skinless and boneless ICYBAY Tilapia 100% usable.
- Packed in a convenient 10 lb. master case.

Nutrition Facts

Serving Size 4 oz (113g)
Servings Per Container

Amount Per Serving	
Calories 110	Calories from Fat 15
	% Daily Value*
Total Fat 2g	3%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 55mg	19%
Sodium 60mg	2%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 23g	
Vitamin A 0% •	Vitamin C 0%
Calcium 2% •	Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Scientific Name:	*Oreochromis niloticus*
ORIGIN:	Costa Rica
WILD/FARMED:	Farm Raised
HARVEST METHOD:	Aquaculture
FORM/PACK SIZE:	Skinless, Boneless Fillets, IQF,ABF, 1-10 lb
AVAILABILITY:	Year round
FRESH/FROZEN:	Frozen
ALTERNATIVE TO:	Swai-Striped Pangasius, Other Whitefish

Product Information

Product Code	Size	Pack Size (lbs)	Net Wt (lbs)	GTIN
Skinless, Bonesllls IQF, ABF				
12651	3-5 oz	1/10	10	00073129126517
12661	4-6 oz	1/10	10	00073129126616
12663	5-7 oz	1/10	10	00073129126630

AVAILABILITY	SCALE	MOST AVAILABLE			LEAST AVAILABLE

SPECIES	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Tilapia												