



# BLUE MUSSELS



<b>Scientific Name:</b>	<i>Mytilus chilensis</i>
<b>ORIGIN:</b>	Chile
<b>WILD/FARMED:</b>	Farm Raised
<b>HARVEST METHOD:</b>	Rope Grown
<b>FORM/PACK SIZE:</b>	Whole Cooked, VP 10-1lb, 5-2lb
<b>AVAILABILITY:</b>	Year Round
<b>FRESH/FROZEN:</b>	Frozen
<b>ALTERNATIVE TO:</b>	Fresh mussels
<b>SUSTAINABILITY RATING:</b>	Good Choice

**KEY NOTES:**

ICYBAY Whole Cooked Mussels are rope grown and individually vacuum packed in Chile. Medium in size, ICYBAY Mussels average 25ct per pound and range in color from creamy white to pale orange.

<b>SLADE GORTON CODE</b>	<b>Count</b>	<b>UPC</b>	<b>GTIN</b>
PC# 81451	20-30ct, 10-1lb	073129814513	10073129814510
PC# 81459	20-30ct, 5-2lb	073129814599	10073129814596

**Nutrition Facts**

Serving Size 3 oz (about 17 mussels) (85g)  
Servings Per Container 3

Amount Per Serving	
Calories 80	Calories from Fat 20
% Daily Value*	
<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 0.5g	<b>3%</b>
<b>Cholesterol</b> 50mg	<b>17%</b>
<b>Sodium</b> 125mg	<b>5%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 0g	
<b>Protein</b> 16g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 20%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

## Product Details

### Packaging Information

Pack/Size (lbs)	Gross Weight (lbs)	Net Weight (lbs)	Case Cube (cu ft)	Configuration L x W x H (in)	Configuration TI x HI Pallet	Cases/Pallet
1/10	11.4	10	0.483	12.913 x 10.354 x 6.771	14 x 10	140
2/5	11.4	10	0.516	12.322 x 9.566 x 7.559	14 x 10	140

### Product Performance

Product Size	Pieces/Pound	Approximate Pieces/Case	Recommended Servings/Case	Shelf Life	Storage Temperature
20-30 Ct	20-30	200-300	40	18 months	0°F to -20°F

## Features and Benefits

ICYBAY's all natural imported Mussels are rope grown and guaranteed to be 100% net weight.

ICYBAY cooked mussels are fully cleaned and de-bearded. Consistent quality and availability year-round as well as stable pricing.

Conveniently vacuum packed and cooked to retain mussel's natural juices.

Easy and quick to prepare, just re-heat and serve. ICYBAY mussels are ideal for marinara, paella or simply with white wine and butter.

Bags are either 1lb or 2lb vacuum packed convenient 10 lb. master cases

## Market Segments:

Assisted Living  
B&I  
College & Universities  
Country Clubs  
Cruise lines/Leisure  
Family Dining  
Fine Dining  
Hospitals  
Hotels/Resorts/Casino  
Nursing/Retirement Home  
Recreation Facility/ Sports Complex

**PC # 81459**

**ICYBAY MUSSELS**

20-30 CT WHOLE COOKED  
VACUUM PACKED

INGREDIENTS: Mussels

Pack 5/2 lbs.

Product of Chile

Farm Raised

NET WT 10 LB (4.54 kg)

SG PO#

Pack Date:

Not Labeled for Retail Sale

Thaw Instructions: Remove from bag & Thaw under refrigeration

Sample label

